

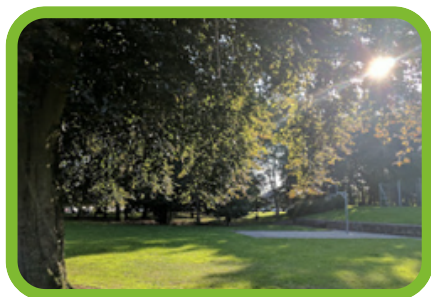


Led walk around Grove Gardens

Every Wednesday 10.00am -
11.00am

The walk will begin and end at the entrance on Armthorpe Road, DN2 5LY.

The route is **0.66 miles** and takes approx. **30 minutes**.



A gentle walk around the paths of Grove Gardens, through the trees and around the tennis courts and play area. There are a number of steps throughout the park, however the walk will take place on flat, well maintained footpaths which are suitable for wheelchairs and mobility aids. There are several benches and seating areas around the route and there will be the opportunity for rest stops around the route.

All abilities and fitness levels are welcome.



Book your FREE session or find out more by scanning the QR code, clicking the link to our webpage or contacting us!

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